

# MIRCIM

# 2020

with  
**EFIM Day**



6th McMaster International  
Review Course  
in Internal Medicine



## State of the Art in Internal Medicine

ICE Congress Centre  
Kraków  
7–9 May 2020

[www.mircim.eu](http://www.mircim.eu)

**Organizers**

McMaster University  
Department of Medicine  
Hamilton, Canada

Polish Institute for Evidence Based Medicine  
Kraków, Poland

European Federation of Internal Medicine

Jagiellonian University Medical College  
Kraków, Poland

Medycyna Praktyczna  
Kraków, Poland

**Organized in collaboration with**

Polish Society of Internal Medicine

**Official endorsement**

International Society of Internal Medicine

American College of Physicians

## Dear Colleagues,

It is with great pleasure that we invite you to attend the 6th McMaster International Review Course in Internal Medicine (MIRCIM), which will take place in the beautiful historic city of Kraków, Poland, on May 7–9, 2020.

MIRCIM has been conceived and developed by the McMaster University Department of Medicine, the birthplace of evidence-based medicine (EBM) and problem-based learning (PBL), and the Polish Institute for Evidence Based Medicine. It is organized in collaboration with the European Federation of Internal Medicine and the Jagiellonian University Medical College, and in partnership with over 30 national societies of internal medicine from around the world.

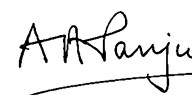
The three-day course will be filled with information-packed lectures delivered by an outstanding assembly of speakers who are world-renowned experts in their fields, from authors of clinical practice guidelines to researchers behind breakthrough trials that shape the modern standards in medicine. Our aim has been to deliver up-to-date and reliable knowledge that is useful to general internists, subspecialists, hospitalists, family physicians, residents and fellows in training specializing in internal medicine – and we are proud to say that we have achieved this goal. The participants of past MIRCIM editions highly praised the quality of lectures, topic selection and social events.

The lectures will be delivered on May 8 and 9. On the first day of MIRCIM, May 7, the participants can take part in the conference Clinical Cases in Internal Medicine: Learning Through Practice, which is part of the Best Case Report Contest, and also choose from a number of clinical hands-on workshops. On May 8 a special parallel session called EFIM Day will take place, a contribution from the European Federation of Internal Medicine.

The main venue of MIRCIM is the ICE Kraków Congress Centre, located conveniently in the city center and close to Kraków's famous tourist attractions. The time spent in Kraków during the course will offer a myriad of opportunities to experience the rich cultural life and remarkable heritage that the city boasts. We look forward to seeing you in Kraków in May 2020.

Co-chairs of the Organizing Committee

Honorary Chair



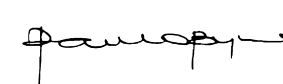
**Akbar Panju**  
MB ChB FRCPC  
FRCP(Edin)  
FRCP(Glasg) FACP



**Mark Crowther**  
MD MSc FRCPC



**Piotr Gajewski**  
MD PhD FACP



**Paul O'Byrne**  
MB FRCP(C) FRSC

on behalf of EFIM



**Nicola Montano**  
MD PhD



**Dror Dicker**  
MD

Day 1

Day 2

May 7, 2020

May 8, 2020

**Conference Centre Faculty of Medicine  
Jagiellonian University Medical College**  
ul. św. Łazarza 16, 31-530 Kraków

#### Conference

**Clinical Cases in Internal Medicine: Learning  
Through Practice**

#### Hands-on workshops

Clinical ECG for internists

How to read a chest X-ray: primer for  
nonradiologists

Ultrasound in rheumatology

Compression ultrasound in diagnosing deep vein  
thrombosis

Point-of-care ultrasound (PoCUS) in volume status  
examination

Cardiac arrest management

Airway management: supraglottic airway devices  
and ventilation

Airway management: tracheal intubation

Cardioversion: the ultimate management  
of unstable tachyarrhythmia

Intraosseous access: alternative route of drug  
administration

Evidence-based medicine: interpreting results  
of clinical trials

Evidence-based medicine: interpreting results  
of systematic reviews

Practical bedside skills for clinicians and educators

How to choose an anticoagulant for patients with  
comorbidities

More to be announced

**ICE Kraków Congress Centre**  
ul. Marii Konopnickiej 17, 30-302 Kraków

8:30–9:00 **Welcome and introduction**  
Organizing Committee

9:00–9:25 **Opening lecture**  
**Is physical examination of  
the cardiovascular system still  
important?**  
Prof. Andrew Elder (University  
of Edinburgh, UK)

#### Session I

9:25–9:50 **What's new in the management of  
chronic heart failure**  
Prof. Harriette Van Spall (McMaster  
University, Canada)

9:50–10:15 **Acute pulmonary embolism: how to  
diagnose quickly and treat effectively**  
Prof. Adam Torbicki (Center of  
Postgraduate Medical Education,  
Poland)

10:15–10:40 **Management of supraventricular  
tachycardia according to the latest  
practice guidelines**  
To be announced

10:40–11:05 **Management of chronic coronary  
syndromes according to the latest  
practice guidelines**  
Prof. William Wijns (National  
University of Ireland Galway, Ireland)

11:05–11:40 **Questions & answers**  
All speakers

11:40–12:10 **Refreshment break**

#### Session II

12:10–12:35 **Hemoglobinopathies: when to worry**  
Prof. Madeleine Verhovsek (McMaster  
University, Canada)

12:35–13:00 **von Willebrand disease: the most  
common acquired bleeding disorder**  
Prof. Mark Crowther (McMaster  
University, Canada)

13:00–13:25 **New oral anticoagulants: when and  
how to use**  
Prof. James Douketis (McMaster  
University, Canada)

13:25–13:50 **Questions & answers**  
All speakers

13:50–14:30 **Lunch break**

#### Session III

14:30–14:55 **Management of antiphospholipid  
syndrome according to the latest  
practice guidelines**  
Prof. Kim Legault (McMaster  
University, Canada)

14:55–15:20 **Muscle pain, muscle weakness and  
muscle inflammation: from symptoms  
to diagnosis**  
Prof. Bhaskar Dasgupta (Southend  
University Hospital, UK)

15:20–15:45 **Early arthritis: how to manage in  
general practice**  
Prof. Daniel Aletaha (Medical  
University of Vienna, Austria)

15:45–16:10 **Questions & answers**  
All speakers

16:10–16:30 **Refreshment break**

#### Session IV

16:30–16:55 **Metabolic surgery in prevention of  
cardiovascular diseases and type 2  
diabetes remission**  
Dr. Dror Dicker (Tel Aviv University,  
Israel)

16:55–17:20 **Nephrological emergencies**  
Prof. Jürgen Floege (RWTH Aachen  
University, Germany)

17:20–17:45 **How to keep a patient away from  
ICU?**  
Prof. Waleed Alhazzani (McMaster  
University, Canada)

17:45–18:10 **Keynote lecture**  
Prof. Gordon Guyatt (McMaster  
University, Canada)

18:10–18:35 **Questions & answers**  
All speakers

18:35–20:00 **Dinner at the venue**

20:00 **Concert – Anna Maria Jopek  
& KROKE**

May 9, 2020

## ICE Kraków Congress Centre

ul. Marii Konopnickiej 17, 30-302 Kraków

9:00–9:25 **Opening lecture**  
**Narrative medicine: is there a place for it in today's healthcare systems**  
 Prof. Małgorzata Nowaczyk (McMaster University, Canada)

## Session V

9:25–9:50 **Pulmonary nodule on a chest X-ray: how to reach a diagnosis**  
 To be announced

9:50–10:15 **Treating COPD in 2020: key messages for everyday practice**  
 Prof. Jadwiga Wedzicha (Imperial College London, UK)

10:15–10:40 **Community acquired pneumonia: an update**  
 Prof. Mark Loeb (McMaster University, Canada)

10:40–10:55 **Challenges in diagnosis of extrapulmonary tuberculosis**  
 Prof. Jyotirmoy Pal (R.G. Kar Medical College, India)

10:55–11:10 **Infections in patients with diabetes: clinical challenges**  
 Prof. Apurba Kumar Mukherjee (R.G. Kar Medical College, India)

11:10–11:45 **Questions & answers**  
 All speakers

11:45–12:15 **Refreshment break**

## Session VI

12:15–12:40 **Challenges in choosing a medication for type 2 diabetes**  
 Prof. René Rodríguez-Gutiérrez (Universidad Autonoma de Nuevo Leon, Mexico)

12:40–13:05 **Current management of Hashimoto's thyroiditis and other hypothyroid states**  
 Prof. Leonard Wartofsky (Georgetown University, USA)

13:05–13:30 **When supplementation of vitamin D is justified**  
 Prof. Bess Dawson-Hughes (Tufts University School of Medicine, USA)

13:30–13:45 **Best Case Report Contest awards**

13:45–14:10 **Questions & answers**  
 All speakers

14:10–14:50 **Lunch break**

## Session VII

14:50–15:15 **Current management of gastroparesis**  
 Prof. Irene Sarosiek (Texas Tech University, USA)

15:15–15:40 **Irritable bowel syndrome diagnosis and management: A simplified algorithm for clinical practice**  
 Prof. Paul Moayyedi (McMaster University, Canada)

15:40–16:05 **Evaluating obscure overt gastrointestinal bleeding: What every internist needs to know**  
 Prof. Ian Gralnek (Technion-Israel Institute of Technology, Israel)

16:05–16:30 **Questions & answers**  
 All speakers

16:30–16:50 **Refreshment break**



## Session VIII

16:50–17:15 **Assessment and symptomatic treatment of chronic breathlessness**  
 Prof. David Currow (University of Technology Sydney, Australia)

17:15–17:40 **Holistic breathlessness services: improving mastery and reducing distress caused by breathlessness**  
 Prof. Irene Higginson (Cicely Saunders Institute, King's College London, UK)

17:40–18:05 **Management of cancer pain according to the latest WHO guidelines**  
 Prof. Małgorzata Krajnik (Nicolaus Copernicus University in Torun, Ludwik Rydygier Collegium Medicum in Bydgoszcz, Poland)

18:05–18:30 **Questions & answers**  
 All speakers

18:30 **Closing remarks**  
 Organizing Committee



## May 8, 2020

### Controversies in Internal Medicine

#### ICE Kraków Congress Centre

ul. Marii Konopnickiej 17, 30-302 Kraków

#### Session A

Moderators:

Dr. Dror Dicker, EFIM President Elect, Israel

Prof. Giancarlo Agnelli, EFIM Editor-in-Chief, Italy

**9:30–10:00** Opening lecture: What is the place of clinical judgment in practice guidelines?

Prof. Gordon Guyatt, McMaster University, Canada

**10:00–10:45** Debate: What is the first line therapy in DMT2 patient?

**Metformin?** Prof. René Rodríguez-Gutiérrez, Universidad Autonoma de Nuevo Leon, Mexico

**GLP1/SGLT2?** Prof. Petra-Maria Schumm-Draeger, Center for Internal Medicine/Fünf Höfe München, Germany

**10:45–11:30** Debate: Should we give thromboprophylaxis to every Padua score >4 patient in internal medicine department?

**Yes:** Prof. Cecilia Becattini, University of Perugia, Italy

**No:** Prof. James Douketis, McMaster University, Canada

**11:30–11:45** Coffee Break

#### Session B

Moderators:

Prof. Xavier Corbella, EFIM Secretary General, Spain

Prof. Runólfur Pálsson, EFIM Past President, Iceland

**11:45–12:00** Lecture: TBA

Prof. William Wijns, National University of Ireland Galway, Ireland

**12:00–12:40** Debate: How low should we go in hypertension patients?

**Lower is better:** TBA

**Lower is not always better:** Prof. Dragan Lovic, Clinic for Internal disease Intermedica, Serbia

**12:40–13:20** Debate: How low should we go in hypercholesterolemia treatment?

**Lower is better:** Prof. Avishay Elis, Tel-Aviv University, Israel

**Lower is not always better:** Prof. Richard Česka, Charles University, Czech Republic

**13:20–14:00** Lunch Break

#### Session C:

Moderators:

Prof. Nicola Montano, President, EFIM, Italy

Prof. Valentin Kokorin, EFIM Treasurer, Russian Federation

**14:00–14:45** Debate: Vaccination: mandatory or non-mandatory?

**Mandatory:** Prof. Serhat Unal, Hacettepe University, Turkey

**Non-Mandatory:** Prof. Holger Schunemann, McMaster University, Canada

**14:45–15:15** Lecture: Physician's well being

Prof. Cynthia D. Smith, American College of Physicians, USA

**15:15–15:45** Lecture: Cancer and anticoagulation

Prof. Giancarlo Agnelli, University of Perugia, Italy

**15:45–16:15** Closing lecture: Personalised internal medicine: great promise or the emperor's clothes?

Prof. Marcel Levi, University College London, UK

7–9 May 2020

ICE Congress Centre, Kraków, Poland

[www.icekrakow.pl](http://www.icekrakow.pl)

#### Fees

##### Regular fee: 290 €

Reduced fee\* and early bird fee: 210 €

Students: 140 € (group rate: please contact MIRCIM Secretariat)

\* Reduced fees apply to:

- Members of partner societies
- Participants of MIRCIM 2019
- Low/middle income countries (visit [www.mircim.eu](http://www.mircim.eu) for details)
- Residents/nurses/other health professionals

##### Workshops: 30 €

Please note that each workshop will accept a limited number of participants.

#### Register

Online: [www.mircim.eu](http://www.mircim.eu)

By email: [secretariat@mircim.eu](mailto:secretariat@mircim.eu)

By phone: +48 12 211 22 39

#### Course Secretariat

ul. Gazowa 14a budynek C  
31-060 Kraków, Poland

